

The Sense-ational Human Body



YEAR: 2024
TERM: Autumn 2
YEAR GROUP: 1

Rationale/Hook

Are you a Footballer? Gymnast? Dancer? Runner? Do you love trampolining, karate, riding your bike, playing at the park or skipping? A professional female footballer is asking Year 1 children if they can help to promote a healthy lifestyle and educate others on the importance of exercise. We will look at how important this is for our bodies, along with food, air and water. We will delve into the senses, learning which part of the body is associated with each sense. We will begin to work scientifically to carry out simple tests to understand our senses better, developing our skills of observations and asking questions.

Lead Subject: Science

In these 5 weeks, we will become science experts identifying, naming, drawing and labelling the basic parts of the human body and we will learn which body parts are associated with each sense. Children will use their senses to compare different textures, sounds and smells and understand how each sense works. Linking with our lead subject PE, we will look at the importance of exercise and how eating a balanced diet can help this.

Lead Subject: English

Throughout this project, we will continue to develop our handwriting and letter formation. We will delve into how each sense works, learning facts and scientific vocabulary to form a senses booklet. Using our new understanding of the senses, we will participate in a sensory experience and go on to write a short recount of our experiences and how we felt during this. We will build a bank of adjectives to describe what we saw, heard, smelt, tasted and how we felt.

Lead Subject: PE

We will kick start our project with PE Sports Spectacular activities! To learn how our bodies work we will begin by looking at different movements and exercises that make parts of our body feel a certain way. How does exercise affect our pulse? How does it affect our breathing? To begin to make the links between regular exercise and a balanced diet, we will learn about what an ideal healthy plate might look like. We reiterate to the children that ALL foods can be part of a balanced diet.

Applied Subject: Computing

For this project in computing we will be using the iPads to record our own digital content in the form of a fitness video. We will also begin to discuss the importance of using technology safely.

School Values:

For this project we will be focussing on the values of **resilience** and **growth**. We will consider how we can become resilient when being active and how we can grow as learners about how our body works and become more aware of how our bodies need food and exercise.

Applied Subject: PDL

We will be recognising, valuing and celebrating difference, developing respect and accepting others.

Maths

We will begin to investigate addition and subtraction, using a variety of concrete, pictorial and abstract representations. We will practise partitioning whole numbers and solve problems with missing numbers.

Outcome

The children will be holding a Sense-ational Human Body exhibition for the adults in Year One. They will be explaining and showcasing their new knowledge and giving the adults tips on how to lead a healthy lifestyle.

Home learning

To promote leading an active lifestyle, for the home learning children will create a poster of 5 different ways they have been active. More details can be found in the homework booklet.

Discrete: PE

Indoor PE: Yoga Outdoor PE: Fundamental Movement Skills



5 weeks
Apple Blossom and Cherry Blossom Class

Discrete: RE:
Jesus' Birthday

Discrete:
Phonics

Discrete
Handwriting